



# MENTAL HEALTH & WELLNESS CAUCUS

Our vision is of a profession that prioritizes mental health and wellness in all aspects of the emergency management and response community.

## CAUCUS LEADERSHIP

**Chair: David Barber, CBCI, Senior Emergency Management Specialist, Massachusetts Institute of Technology**

**Vice Chair: Scott Carpenter, CEM, Program Manager, Emergency Management, Wentworth-Douglass Hospital**

**IAEM Board Liaison: Cathy Clark, IAEM-USA 1st Vice President**

## ACTIVITY HIGHLIGHTS



### SUPPORTING NEW LAW

### HR5703: POST-DISASTER MENTAL HEALTH RESPONSE ACT

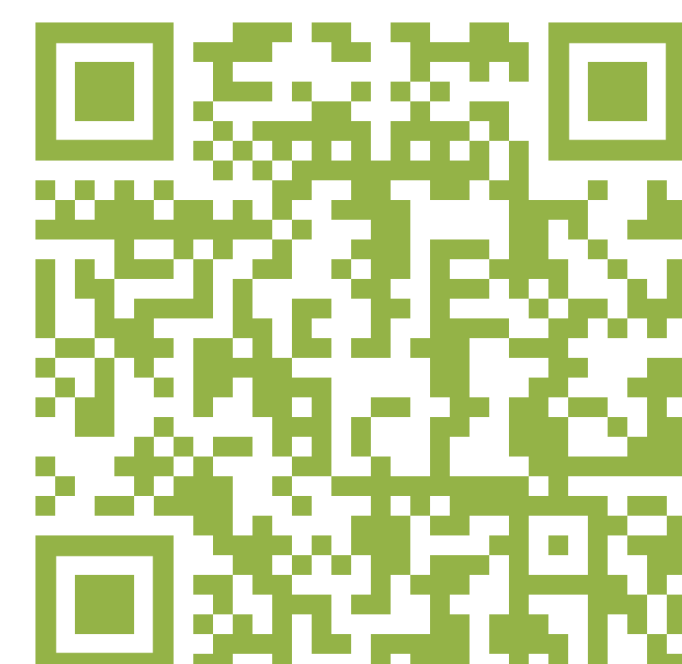
**Initiated by a Boston Marathon Bombing Mental Health Victim Survivor, this bill authorizes the provision of professional counseling services to survivors of declared emergencies.**

*Current law limits such authorization to survivors of major disasters only.*

**The bill passed unanimously in House and Senate Committees.**

## RESOURCES

Scan for more about the Caucus and helpful resources.



### SUPPORTING NEW IAEM INITIATIVES

#### #IAEMSTRONGERSTORIES

**This breakout session will be available to anyone who wants to tell a story, and those that just want to listen and offer their support.**

Using basic storytelling so members can relay their own personal stories to a support system of people who understand their line of work, their typical responsibilities, and daily stressors.

*Finding the courage to speak their story is the first step on the journey towards healing and providing a support system is key to this program's success.*

**Breakout Session:  
Weds, Nov 16, 1:30pm-2:30pm,  
Meeting Room 200-201**

### PROMOTING WELLNESS BRAIN BREAK ROOM

**A designated place where you can take a break from the commotion, hustle and bustle, or frenzy that can happen at a conference.**

If you feel you need a place to relax, unwind, calm down, center yourself, or just go to maybe reflect upon life's aspects, the room is open, please come in.

Yoga mats available in the room.

**Open Fri-Weds, 8am-5pm, Gwinnett Board Room**

## ABOUT US

**We are a diverse caucus with members from a wide variety of disciplines within our profession.**

Our Mission is to bring mental health and wellness to the forefront of the emergency management and response community; provide a platform where we openly discuss issues; become a critical part of overall emergency management culture; and reduce the stigma surrounding mental health issues that impact individuals, professionals, and organizations.

**Meet us! Tues, Nov 15, 5pm-5:45pm, Meeting Room 102-103**

