David Brand

Professional Engineer, Director of Emergency Management, Red Deer County, Alberta, Canada

Speaker Bio:

Dave Brand is a professional leadership & transition coach certified as an Energy Leadership Index Master Practitioner from the Institute for Professional Excellence in Coaching (iPEC). Dave is an emergency manager, civil engineer, Type 3 regional incident management team lead and public sector administrator with over 20 years of experience working with government agencies of all levels. Dave has multiple certifications in heavy USAR, first response and all-hazards incident management, and oversees a department that includes over 100 first response personnel. Dave is passionate about changing the perspective, viewing challenges that face emergency responders and incident management personnel as opportunities to elevate relationships and team performance through increased empathy, authentic leadership, emotional intelligence, and community engagement. In the spirit of building relationships, Dave loves to teach, learn, speak, and share with colleagues across disciplines, but also appreciates the solitude and natural splendor of hiking in the Rocky Mountains close to home.

Presentation:

<u>A New Vessel for Elevating Team Performance: Increased Awareness</u> of Leadership Energy

The proverb popularized by John F. Kennedy during a 1963 speech posits that "A rising tide lifts all boats." While commonly applied to economic principles or beliefs, this aphorism can also be applied to the concept of leadership, particularly in stressful or fluid environments. Who we are and how we perceive the world influences our thoughts, our emotions, our behaviors, and who we surround ourselves with.

Few environments can be as stressful or dynamic as disaster response as emergency management teams are responsible for balancing the management of tactical resources with the provision of social needs. We have all experienced or witnessed a situation when toxic or insufficient leadership handicapped the performance of the entire team, whether in daily activity or in times of stress activation. How do emergency managers transition from a traditional response-based command and control system to a leadership and team management approach that promotes authenticity and compassion throughout all four (4) phases of the emergency management continuum? How do we gain awareness of our own perceptions, biases, and filters so that we can identify our emotional reactions and make informed decisions? This presentation will dive into the depths of different lenses of core energy we all exhibit as human leaders and how our thoughts in each lens impact our reactions, behaviors, and ultimately our individual and team performance.

Participants will increase their awareness of how our individual and collective perceptions inform our leadership styles and will learn practical ways to identify, support, train, and be an authentic and effective leader.