

# Razom! Internet Resource Compendium

*Under Construction*

*Future updates will be on RoadmapToLife.org*

<b>News Sites</b>		
Ukrainian Pravda	<a href="https://www.pravda.com.ua/eng/">https://www.pravda.com.ua/eng/</a>	Established in 2000, one of the largest, most respected Ukrainian news sources
Euro News	<a href="https://www.euronews.com/video/2023/04/12/elderly-and-vulnerable-remain-as-russian-troops-close-in-on-bakhmut">https://www.euronews.com/video/2023/04/12/elderly-and-vulnerable-remain-as-russian-troops-close-in-on-bakhmut</a>	Euro News - sample story
Fav Podcast: Ukraine: The Latest (The Telegraph)	<a href="https://www.youtube.com/watch?v=rz1csaLFVJ0">https://www.youtube.com/watch?v=rz1csaLFVJ0</a> <a href="https://www.youtube.com/watch?v=rz1csaLFVJ0">https://www.youtube.com/watch?v=rz1csaLFVJ0</a> <a href="https://www.youtube.com/watch?v=5tEmeidT_3Y">https://www.youtube.com/watch?v=5tEmeidT_3Y</a> <a href="https://www.youtube.com/watch?v=5tEmeidT_3Y">https://www.youtube.com/watch?v=5tEmeidT_3Y</a>	A great source for daily iupdates on the war, humanitarian aid, and Ukrainian-related issues.
TVOEMISTO	<a href="https://tvoemisto.tv/en/news/top_five_englishlanguage_websites_in_ukraine_124910.html">https://tvoemisto.tv/en/news/top_five_englishlanguage_websites_in_ukraine_124910.html</a>	Top five english-language websites in ukraine
<b>Telegram News Channels</b>		
Ukraine Freedom News	<a href="https://t.me/ukrainianfreedomnews">https://t.me/ukrainianfreedomnews</a>	Real stories and voices from Ukraine, amid global attention and turmoil. Edited by WGN Chicago journalist Joe Lindsley, with a team of Ukrainian journalists.
TVP World	<a href="https://tvpworld.com/">https://tvpworld.com/</a>	Bringing you all the latest daily news and updates, TVP World is Poland's first English-language channel where you can find world news as seen from the Polish perspective and the latest news from the CEE region.
Live: Ukraine	<a href="https://t.me/liveukraine_media">https://t.me/liveukraine_media</a>	Be aware of what is happening in the country that protects the entire civilized world
Kyiv Independent	<a href="https://t.me/KyivIndependent_official">https://t.me/KyivIndependent_official</a>	Independent English-language journalism in Ukraine
United 24 media	<a href="https://t.me/United24media">https://t.me/United24media</a>	"Showing real Ukraine to the world:"
Deep State	<a href="https://t.me/DeepStateEN">https://t.me/DeepStateEN</a>	Detailed maps continually updated. "A channel of thorough analysis of the international situation. The events in the world are concise and detailed, and most importantly - accurate. Politics change - DeepState remains!"
	<a href="https://t.me/V_Zelenskiy_official">https://t.me/V_Zelenskiy_official</a>	The official channel of the President of Ukraine Volodymyr Zelenskiy
New York Times	<a href="https://t.me/nytimes">https://t.me/nytimes</a>	coverage from around the world, especcially the Russia-Ukraine war
Humanitarian OpenStreetMap Team (HOT) Mapping in Conflict	<a href="https://www.hotosm.org/updates/mapping-in-conflict/">https://www.hotosm.org/updates/mapping-in-conflict/</a>	"Recent events and experiences, including last year's developments in Afghanistan and the war in Ukraine, have prompted HOT and the wider humanitarian mapping community—to revisit what can be ethically and practically done to help people caught in conflict..."

<b>Humanitarian Response</b>		
<b>UN Resources</b>		
UNDP	<a href="https://www.undp.org/ukraine/inclusive-development-recovery-and-peacebuilding">https://www.undp.org/ukraine/inclusive-development-recovery-and-peacebuilding</a>	UNDP provides a broad overview of the international efforts. This page delves into the recovery efforts.
OCHA	<a href="https://response.reliefweb.int/ukraine">https://response.reliefweb.int/ukraine</a>  <a href="https://m.reliefweb.int/jobs?search=ukraine">https://m.reliefweb.int/jobs?search=ukraine</a>  <a href="https://reliefweb.int/report/ukraine/ukraine-humanitarian-response-plan-february-2023-">https://reliefweb.int/report/ukraine/ukraine-humanitarian-response-plan-february-2023-</a>  <a href="https://m.reliefweb.int/country/241/ukrenuk?_gl=1*2fd4kj*_ga*ODg4MTAwMTE4LjE2ODE4ODMxODE.*_ga_E60ZNX2F68*MTY4MTg4MzE4MC4xLjAuMTY4MTg4MzE4MC42MC4wLjA">https://m.reliefweb.int/country/241/ukrenuk?_gl=1*2fd4kj*_ga*ODg4MTAwMTE4LjE2ODE4ODMxODE.*_ga_E60ZNX2F68*MTY4MTg4MzE4MC4xLjAuMTY4MTg4MzE4MC42MC4wLjA</a> .	Relief Web - Many excellent resources, jobs & volunteering opportunities   “Ukraine: Humanitarian Response Plan (February 2023)”
UNDRR	<a href="https://www.preventionweb.net/">https://www.preventionweb.net/</a>	“Prevention Web, the global knowledge sharing platform for disaster risk reduction and resilience”
Logistics Cluster	<a href="https://log.logcluster.org/assessment-tools-and-resources">https://log.logcluster.org/assessment-tools-and-resources</a>	Wide range of useful guidance – a mega resource
Global Humanitarian standards - WASH: Water Sanitation & Hygiene	<a href="https://spherestandards.org">spherestandards.org</a>	The Sphere Handbook
UN Talent	<a href="https://untalent.org/jobs">https://untalent.org/jobs</a>	Search engine for jobs/volunteer positions “from 25 official sources like careers.un.org, unv.org or unicef.org” (not affiliated with the UN.)
<b>EU/European</b>		
EU Neighbors East	<a href="https://euneighbourseast.eu/opportunities/ukraine-grants-for-small-medium-and-greentech-businesses-affected-by-the-war/">https://euneighbourseast.eu/opportunities/ukraine-grants-for-small-medium-and-greentech-businesses-affected-by-the-war/</a>	Grants for heating business The latest news and information on the European Union’s (EU) cooperation with its Eastern partners: Armenia, Azerbaijan, Belarus, Georgia, the Republic of Moldova and Ukraine
	<a href="https://www.coe.int/en/web/kyiv/call-for-tender">https://www.coe.int/en/web/kyiv/call-for-tender</a>	The Council of Europe, Ukraine has a wide array of information for those who may want to do business here. This page is the current Call for Tenders, but there is a broad range of resources throughout the site.
<b>US Government</b>		
	<a href="https://www.ready.gov/sites/default/files/2021-11/are-you-ready-guide.pdf">https://www.ready.gov/sites/default/files/2021-11/are-you-ready-guide.pdf</a>	PDF file of “Are You Ready: An In-Depth Guide to Citizen Preparedness” with many adaptable ideas for traveling to and working in a war zone.
	<a href="https://www.ready.gov/sites/default/files/2019.CERT_Basic_PM_FINAL_508c.pdf">https://www.ready.gov/sites/default/files/2019.CERT_Basic_PM_FINAL_508c.pdf</a>	
USAID	<a href="https://www.usaid.gov/ukraine">https://www.usaid.gov/ukraine</a>	Ukrainian entry portal. Check the “Partner with Us” section for a wide range of opportunities
<b>Ukrainian Resources</b>		
Visit Ukraine	<a href="https://visitukraine.today">https://visitukraine.today</a>  <a href="https://t.me/VisitUkraine">https://t.me/VisitUkraine</a>	Help information portal for both foreign visitors and Ukrainians (especially country-specific info for refugees around the world)   Telegram channel has frequent updates & news

Nova Poshta	<a href="https://humanitarian.novaposhta.ua/">https://humanitarian.novaposhta.ua/</a>	a Ukrainian international group of logistics companies, the leader of express delivery in terms of the volume of parcels delivered in Ukraine. The company provides businesses and individuals with a full range of logistics and related services. It was founded in 2001. The “Humanitarian Post of Ukraine” program was created by Nova Poshta as a response to Russia’s invasion of Ukraine in 2014. Since then, it has become a reliable logistical arm for the volunteer movement
Humanitarian Hub	<a href="https://help.gov.ua/en">https://help.gov.ua/en</a>	Official government coordination center for connecting volunteers & businesses
CEDOS	<a href="https://cedos.org.ua/en/researches/housing-and-war-in-ukraine-march-24-june-3-2/">https://cedos.org.ua/en/researches/housing-and-war-in-ukraine-march-24-june-3-2/</a>	A business nonprofit working with the EU to improve small town economies. Refocused since the war. Detailed research papers (link is to one of them) and occasional webinars with high-quality English translations available. Small and approachable.
<b>Minor Response Groups</b>		
	<a href="https://www.facebook.com/vanswithoutborders">https://www.facebook.com/vanswithoutborders</a> / <a href="https://www.youtube.com/watch?v=R83a30szlD0">https://www.youtube.com/watch?v=R83a30szlD0</a> <a href="https://www.ukrainefreedomproject.org/">https://www.ukrainefreedomproject.org/</a> <a href="https://www.youtube.com/watch?v=X32e2YF9phE">https://www.youtube.com/watch?v=X32e2YF9phE</a>	Sample of smaller response groups. Cannot vouch for authenticity but present for ideas
	<a href="https://tridentdefenseinitiative.com/">https://tridentdefenseinitiative.com/</a>  <a href="https://www.johnspenceronline.com/mini-manual-urbandefender">https://www.johnspenceronline.com/mini-manual-urbandefender</a>	Featured on “Ukraine: the Latest” podcasts
	<a href="https://www.youtube.com/watch?v=-EnNEnhNJvQ">https://www.youtube.com/watch?v=-EnNEnhNJvQ</a>	Times Radio Feature on “the British chef feeding the Ukrainian army” I’ve talked with Richard Woodruff of Front Line Kitchen, open to partnering
An excellent answer to why we come to Ukraine	<a href="https://www.theguardian.com/world/2022/jul/01/the-informal-volunteer-groups-leading-ukraines-aid-effort">https://www.theguardian.com/world/2022/jul/01/the-informal-volunteer-groups-leading-ukraines-aid-effort</a>	Excerpt worth reading: For international aid organisations, the invasion of Ukraine has been an anomaly – a place where civil society is active and the state is strongly intact. There are about 2,000 Ukrainian NGOs active in the aid effort, 1,700 of which registered after Russia’s full-scale invasion. There are also thousands of informal volunteer groups, usually acting within their communities, says Humanitarian Outcomes. According to the report, giving cash to Ukrainian aid initiatives should be an obvious first step to reach those in need. But instead, internal compliance requires recipients to be trained in certain principles and standards, such as one organisation that obliges applicants to undergo due diligence processes which can take three months. The report also found that physical risks to staff and a lack of contingency plans before the invasion has meant that, four months into the war, international organisations are only just beginning to work in Ukraine and their operations remain small-scale. However, they are less than clear about this in promotional materials....

<b>Travel - Europe</b>		
<b>Visa</b>		
U.S. State Department	<a href="https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-checklist.html">https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-checklist.html</a>	Wide range of information for international travel. Also check embassy and government sites for the countries you plan to visit.
The International Air Transport Association (IATA)	<a href="https://www.iata.org/en/publications/newsletters/iata-knowledge-hub/the-most-important-travel-documents-for-your-trip/">https://www.iata.org/en/publications/newsletters/iata-knowledge-hub/the-most-important-travel-documents-for-your-trip/</a>	Another reliable source for air travel in particular
<b>Insurance – war zone</b>		
		If you are entering Ukraine, very few travel insurance policies are available. These are several I have experience with
	<a href="https://www.squaremouth.com/user_portal/orders">https://www.squaremouth.com/user_portal/orders</a>	Helpful portal for comparing policies
	<a href="https://www.gninsurance.com/">https://www.gninsurance.com/</a>	A company I've used frequently
<b>Currency</b>		
	<a href="https://www.travelexinsurance.com/smart-travels/tips/how-to-use-credit-cards-debit-cards-atms-europe">https://www.travelexinsurance.com/smart-travels/tips/how-to-use-credit-cards-debit-cards-atms-europe</a>	Articles of interest
	<a href="https://www.forbes.com/uk/advisor/credit-cards/spending-while-youre-abroad/">https://www.forbes.com/uk/advisor/credit-cards/spending-while-youre-abroad/</a>	
	<a href="https://www.businessinsider.com/personal-finance/using-credit-cards-in-europe-cash-vs-card?IR=T">https://www.businessinsider.com/personal-finance/using-credit-cards-in-europe-cash-vs-card?IR=T</a>	
<b>Accommodations</b>		
		airbnb.com <a href="https://www.airbnb.com">https://www.airbnb.com</a> Airbnb -Houses, Cabins, Condos, Hotels Discounts for long-term stays
		Booking.com covers more apartments and hotels. Discounts for long term stays.They also offer some package deals with flights. Discounts for car rentals, taxis, flights....
<b>Residential Water Quality</b>		
	<a href="https://www.cdc.gov/healthywater/drinking/travel/">https://www.cdc.gov/healthywater/drinking/travel/</a>	Water quality is problematic. CDC general advice is helpful. My website will soon offer more detail
	<a href="https://www.cdc.gov/healthywater/drinking/travel/">https://www.cdc.gov/healthywater/drinking/travel/</a>	CDC offers many documents regarding water safety for drinking, cooking, and general use.
	<a href="https://borgenproject.org/water-quality-in-ukraine/">https://borgenproject.org/water-quality-in-ukraine/</a>	The poor state of water pipelines are a major concern for the country and has led to wasted drinking water and a reduced quality of tap water.
	<a href="https://www.mdpi.com/1996-1073/15/3/981">https://www.mdpi.com/1996-1073/15/3/981</a>	Tap Water Quality and Habits of Its Use: A Comparative Analysis in Poland and Ukraine – scholarly article.
<b>Expat resources</b>		
	<a href="https://www.facebook.com/groups/expatua/">https://www.facebook.com/groups/expatua/</a>	Expatua.com is the No1 International Community website for expats living and working in Ukraine.
<b>Technology</b>		
Electronics protection – 220 Volt world		Depending on your device, this may be as simple as a plug adaptor. However, I've exploded, smoked, and slowly tortured to death several items made in the USA. This is where I wish I'd completed my Physics curricula in college. Best advice: buy local if you can. I was able to buy a cheap 220 v power cord for my computer recently. Great solution!
REI	<a href="https://www.rei.com/learn/expert-advice/world-electricity-guide.html">https://www.rei.com/learn/expert-advice/world-electricity-guide.html</a>	One of the best (if challenging) explanations I've seen. I highly recommend a talk with the qualified representatives at an REI store before your trip. . Read down to the "Voltage Conversion" section: "If you have a single-voltage device—and that voltage differs from the voltage level at your destination—then a voltage conversion accessory is the solution. This is where things get tricky...."

Phones		<i>See website for future updates</i>
Computers - VPN		<i>See website for future updates</i>
<b>Language Resources</b>		
Speak Ukrainian	<a href="https://www.speakua.com/?mc_cid=9a33de995c&amp;mc_eid=31717a703a">https://www.speakua.com/?mc_cid=9a33de995c&amp;mc_eid=31717a703a</a>	Each day Speak Ukrainian publishes useful video lessons on social media to help you learn Ukrainian language. Free & paid versions.
Let's Learn Ukrainian	<a href="https://www.youtube.com/@LetsLearnUkrainian">https://www.youtube.com/@LetsLearnUkrainian</a>	Wide range of resources, although I've zeroed in on Olya's very helpful videos. Free & paid versions.
Speak Ukrainian	<a href="https://www.youtube.com/@SpeakUkrainian">https://www.youtube.com/@SpeakUkrainian</a>	Many resources across many media. Free & paid versions.
<b>Thinking out of the Box</b>	<a href="https://www.govtech.com/em/safety/in-desperate-situations-give-crazy-a-try-opinion?utm_campaign=Newsletter%20-%20GT%20-%20Emergency%20Management&amp;utm_medium=email&amp;_hsmi=251382439&amp;_hsenc=p2ANqtz-9oMEIjE4d3-ATV2m19wV9pSETK7i0doLOGIKrxQNvX74XdLsWYSLtzEoV_ykvHjj_DIfPqrXD0l_35e1FLuwprt2Q-j9ZIV-Dbj_oZ77IBKYEGGc&amp;utm_content=251382439&amp;utm_source=hs_email">https://www.govtech.com/em/safety/in-desperate-situations-give-crazy-a-try-opinion?utm_campaign=Newsletter%20-%20GT%20-%20Emergency%20Management&amp;utm_medium=email&amp;_hsmi=251382439&amp;_hsenc=p2ANqtz-9oMEIjE4d3-ATV2m19wV9pSETK7i0doLOGIKrxQNvX74XdLsWYSLtzEoV_ykvHjj_DIfPqrXD0l_35e1FLuwprt2Q-j9ZIV-Dbj_oZ77IBKYEGGc&amp;utm_content=251382439&amp;utm_source=hs_email</a>	When do far-fetched, unconventional or “crazy” ideas become innovative and — more importantly — necessary?

*I want to thank all Ukrainians and citizens of the friendly states who help meet the humanitarian needs created by this war. Those who help displaced people with housing and jobs. Those who treat and rehabilitate those wounded by Russian shelling. Those who deliver medicine, food and means of communication to the frontline areas. Those who support lonely people and orphans of this war. And those who help restore everything that was destroyed by Russian terrorists. This is a multi-thousand-strong humanitarian army of Ukraine and the entire free world, to which Russia cannot and will not be able to oppose anything. I thank you!*

- Volodymyr Zelenskyy, President of Ukraine

#### MAIN CONTACT INFORMATION:

Leslie L. Wilson

[LLWilsonGlobal@gmail.com](mailto:LLWilsonGlobal@gmail.com)

WhatsApp or Telegram: +1 202-492-2658

Ukrainian Mobile: +380 99 669 0298

Polish Mobile: +48 452 265 197

Telegram Channel: <https://t.me/LLWilsonUkraine>

LinkedIn: [linkedin.com/in/llwilsonservices](https://www.linkedin.com/in/llwilsonservices)

Website: [RoadmapToLife.org](http://RoadmapToLife.org)